

# READY, BOX SET, GO!



**HIGHLYSPRUNG**  
THEATRE THAT MOVES

Remotely delivering high quality arts programmes for primary schools, inspiring imagination, creativity and learning.



# WELCOME !

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## About Highly Sprung

Highly Sprung Performance are the UK's leading physical theatre company making work with and for children and young people.

With over 20 years award-winning experience in delivering educational programmes, we have a unique approach for engaging children through movement, storytelling and drama. In 2020, this experience allowed us to seamlessly adapt to a digital space, continuing to deliver a rich cultural programme for children and young people.

We know that every young person, regardless of their starting point, has great potential and is able to use their body as a creative tool. Through a genuinely open creative process, using our own physical theatre techniques, we empower every young person to explore how their body can be used to develop their own unique performing style.

# READY, BOX SET, GO: AN INTRODUCTION

Using Highly Sprung's signature approach, we have created *Ready, Box Set, Go* - a digital resource with a series of engaging, imaginative packages for primary schools that connect to a range of curriculum points. All packages have been developed with clear learning objectives and goals to guide and motivate your pupils.

*Ready, Box-Set, Go* combines education, creativity and movement. Designed to influence and inspire how children create and think, it gives creative ownership of the programme, develops critical thinking skills and cultivates an awareness of the wider world.

## HOW DOES READY, BOX SET GO WORK?

Each package comes with a pre-made box of physical and digital resources, using a Highly Sprung story or performance as an inspiration point. Throughout the delivery of these sessions, ***you won't be on your own***. Highly Sprung will be here to support teachers every step of the way, with structured guidance, CPD and lesson plans.

### With each 'box set' you will receive:

- A physical box of resources with props, activity materials and worksheets.
- Access to online pre-recorded performances.
- Digital activities delivered by professional artists, both live and pre-recorded.
- Creative challenges to complete and take part in.

- Teaching frameworks and schemes of work for each session, with easy-to-follow lesson plans.
- A pre-recorded CPD session for teachers from professional artists, enabling you to confidently lead sessions.





# KS1: A NEW BOOK FOR THE EMPEROR

Remember the emperor who lost his clothes? Well, the Emperor has done it again... only this time he's been sold a book without any words! Children join the Emperor on a magical adventure to find the stories to fill the empty book ready for the Emperor's birthday party.

With plenty of fun, word play and an introduction to a range of inspiring original stories from Highly Sprung, children consider different writing styles and story structures to make their own contributions to the Emperor's new book.

***"PUPILS WERE GIVEN TIME TO REFLECT, LOOK, PONDER, USE THEIR BODIES TO EXPRESS THEMSELVES. THEY COULD BE CREATIVE, WORK INDIVIDUALLY, IN PAIRS, GROUPS, WITH AN ARTIST, SUPPORTED OR INDEPENDENTLY. THERE WAS PLENTY FOR VISUAL AND KINAESTHETIC LEARNERS."***



# KS2: HIDDEN IN PLAIN SIGHT

An investigative journey, exploring the story of William and Ellen Craft (pictured), a couple who evaded slavery by carrying out one of history's most ingenious escapes in 1848. Passing as a white man travelling with his servant, the two slaves fled their masters in a thrilling adventure of deception and intrigue.



Presented with a box of documents, clues and evidence, children work together to discover the real-life story of William and Ellen Craft. Taking on different roles as the adventure unfolds this dramatic investigation places children at the centre of the debate around race, racism and the anti-slavery movement.



# KS2: ARTY'S BROKEN HEART

**"IT MADE ME  
THINK ABOUT  
HOW IMPORTANT  
MY HEART IS"**

*Arty's Broken Heart* is an investigation for children into their hearts and how to better maintain their health. Our creative combination of science and movement enables pupils to find value in improving their health outcomes, increase knowledge of the heart and develop a more positive attitude towards physical activity.

In 2020, the original edition of this programme 'City Beat' was a great success, delivered both in person and, during the lockdown, digitally.



**"I'VE NEVER LEARNT  
LIKE THIS BEFORE"**

The key areas of the Arty's Broken Heart box set include:

Exercises, challenges and games delivered digitally by Highly Sprung artists, getting pupils moving and learning. Sessions look at how the heart works, all the different behaviours we can develop to keep our hearts healthy, and what can happen if there are problems.

A pre-recorded performance of *Professor Coerium's Heart Emporium* - a magical adventure where children meet Professor Aorta, Peri Cardium and Dr Beat!



**Dr Beat**

Arty the Heart has something wrong with him, but we don't know what! Teachers and pupils will receive videos from Dr Beat throughout the programme. Children will take on the vital roles of Dr Beat's assistants, helping her to investigate and understand what has happened to Arty.



**Arty the Heart**



# PRICE LIST

A NEW BOOK FOR THE EMPEROR BOX SET	£100
HIDDEN IN PLAIN SIGHT BOX SET	£100
CITY BEAT ONLINE BOX SET	£200

If you are interested in purchasing a *Ready, Box Set, Go!* Box Set for your school, please get in touch with our Schools Liaison Officer Emily Robertson at [emily@highlysprungperformance.co.uk](mailto:emily@highlysprungperformance.co.uk).

You can find our website at [www.highlysprungperformance.co.uk](http://www.highlysprungperformance.co.uk).

